

PRE-SURGICAL CHECKLIST

- Have you had your pre-operative **anesthesia** interview? If not, or you have questions for the anesthesia team, please call 498-6200 and ask for the **anesthesia interview** nurse.
- Do you have a safe licensed driver to bring you home after your surgery?
- Do not eat or drink after midnight the night before your surgery

Important Things To Pay Attention To Or Bring On The Day Of Surgery

- Bring a list of medications you are taking; be sure you know the dose and time you take them. Include prescriptions, over the counter medications, vitamins, herbals, recreational drugs, tobacco and alcohol. This information will help your anesthesia provider to select the best medication for you to avoid any unwanted drug interactions. It is important that you also bring a list of any food or drug allergies you have.
- You will be asked to give information on your health history as well as your family's health. This will include any problems with anesthesia or allergies.
- This information is very important for your safety. If you do not follow the instructions about not eating or drinking before your surgery, your surgery may be delayed or even canceled.
- If you have a C-Pap or Bi-Pap machine please bring it the day of surgery.
- Bring items such as:
 - Your inhaler if you have asthma
 - Medication for migraine relief
 - If your drive home is several hours, please bring medications you may need to take during that time.
 - Cane if you use one
 - Crutches if needed post-op
 - Patients must be accompanied home by a responsible adult.
 - Slings, braces or cooling devices provided to you by your surgeon