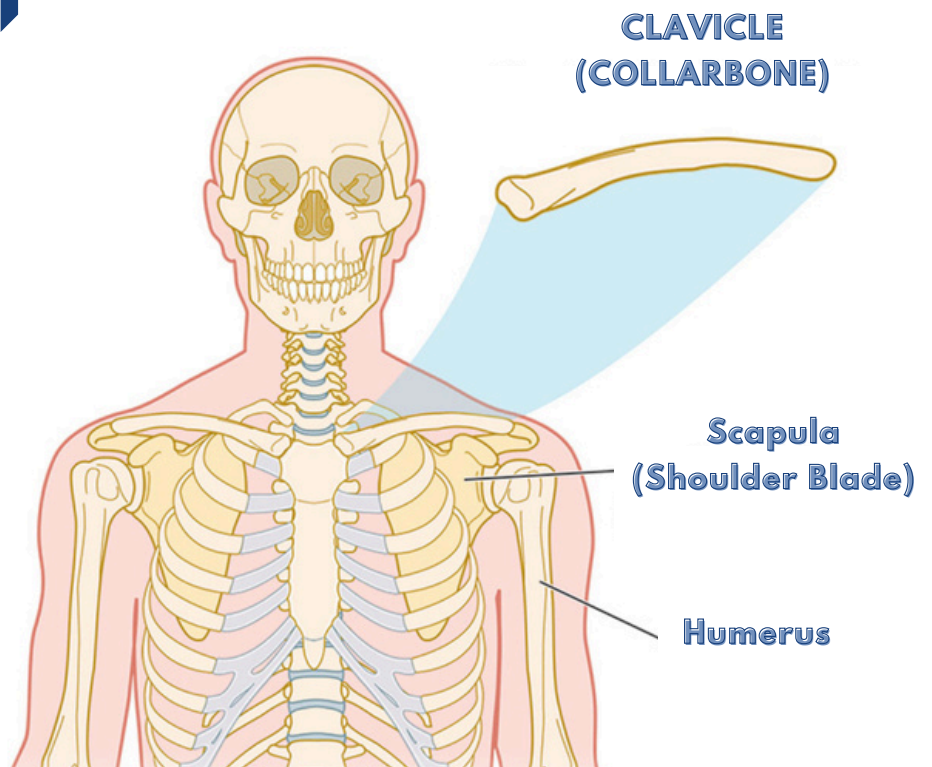


# CLAVICLE FRACTURE



## NON-OPERATIVE MANAGEMENT

- Use a sling for 4 weeks.
- Manage pain with NSAIDs or acetaminophen as needed.
- Schedule a series of follow-up X-rays to monitor healing.
- Avoid contact sports until your doctor confirms radiographic union, which typically occurs between 6 to 12 weeks after the fracture.
- Return to sports fully only after achieving pain-free range of motion and strength recovery through physical therapy.